

Why are so many people excited about alkaline drinking water?

Water Ionizer are quickly becoming a popular health product in many parts of the world. In Japan, which ranks in the very first position on the list of countries for long life, 20% of homes have a Alkaline Water Ionizer. While other countries do not have that same level of market penetration, the news is getting out and health-conscious people everywhere are discovering about Water Ionizers and using them to make alkaline water.

Just about everybody these days is aware of the quality issues in our drinking water supply. What very few people are aware of is that almost all our drinking water has a positive ORP. That is the abbreviation for oxidative reduction potential. Just as oxidation is bad for a piece of iron that we leave out in the backyard because it will begin to rust as the oxidation process works away on it, oxidation is also bad for each of our trillions of cells in your body because oxidation breaks down our cells and causes the aging process.

The higher the ORP measurement of the water we drink, the more it contributes to the oxidation, or aging process. The good news is, that with a high-quality Water Ionizer Machine like one that produce alkaline water, anybody can turn their tap water into a very healthy alkaline drinking water with a strong negative ORP. The stronger the negative measurement of ORP, the greater the effect of the water in fighting the oxidation process, or slowing down the aging process. Not all Water Ionizers can produce a water with a strong negative ORP. But fortunately there are Water Ionizers that do.

Another benefit of a high-quality Alkaline Water Ionizer — This is sometimes referred to as Hexagonal water. This restructured water with the smaller aggregations of water molecules is able to permeate through cell membranes more easily, therefore enabling the water to perform some of its most important functions better. Cells, for example, can become hydrated easier, nutrients can be delivered into the cells more readily, and toxins can be more readily removed from the cells. The net of all this is that people who begin to drink the water produced by a high-quality water ionizer machine often describe how quickly they feel healthier once they start drinking the water. But there is much more good news...

Water Ionizers are often sought out by people searching for a solution to their pH balance. One of the challenges many people have today is that they are having too much acid accumulating within the body. Antacids, heartburn, acid reflux, and many other related conditions are all too common. Left untreated, an accumulation of acid within the body tissues can lead to a variety of serious health conditions. While most people realize the importance of balancing their body pH, few people have the know how or the discipline to address this serious issue successfully with diet and lifestyle alone. Fortunately, a high-quality Water Ionizer Machine will provide an unlimited supply of Alkaline Water which will help balance the pH within the body tissue.